

communication

between you and me | week two

post falls campus | january 15th & 18th | jim putman



True Relationships Requires a Commitment

Acts 2:42 (ESV) | Romans 12:10–11 (NASB95) | 1 Corinthians 13:4–8 (NIV)

Relationship is not easy –we must have the right expectations, or we will be disappointed.

- Disappointment often comes from unrealistic expectations
- If the relationship with God and others is the goal, we must understand the problems
- Because of sin, we start at a deficit –left to ourselves, we can't overcome it
- A sin nature –two people, two sin natures
- The Devil
- The culture built to solve human problems (as we see the problems)
- Our enemies create a gap and then fill the gap with misinformation
- Relationship requires Gods help –(direction, His power, protection)
- I don't even understand myself often – part of relationships is that they help reveal the truth to yourself

Proverbs 14:12 (ESV) | Jeremiah 17:9 (ESV) | Romans 7:18 | Isaiah 50:10–11 (ESV)

Communication

- A relationship requires communication
- Real relationships require those involved to speak
- The level of communication determines the depth of the relationship

- Our mouths reveal what is in our hearts
- Learning to hear yourself
- Learning to see yourself through the eyes of others and care about what that looks like
- We must share our thoughts and feelings carefully with those we are in a relationship with
- Our internal voice is polluted, and eventually it destroys relationships

Luke 6:45 (ESV) | James 3:2-6 (ESV) | Ephesians 4:29 (ESV) | Proverbs 12:18 | Proverbs 13:3

Communication requires hearing/listening (understanding) as much as speaking

Proverbs 18:2 (ESV) | Proverbs 18:13 | Proverbs 20:5 | Philippians 2:1-5 (ESV) | 1 Peter 3:7 (ESV)

Steps

- Commit to obedience to God in your relationships
- The relationship creates the bridge by which understanding can be achieved
- Listen to understand the heart of the person
- Try to understand how they use words rather than how you would or do
- Practice active listening
- Repeat back and ask if I heard you right
- Let them reaffirm that you did or did not
- Now, get into the differences and the affirmations

